

Standards For Duration, Certification and Delivery of First Aid Qualifications

Course	Minimum contact hours Time set aside for direct classroom teaching and assessing excluding breaks	Minimum Days Minimum number of days over which the training should be delivered	Maximum Weeks Maximum number of weeks over which the qualification can be attained. Special considerations may be taken into account to increase this duration if necessary	Minimum Sessions Minimum duration of 1 training session	Trainer:learner ratio Maximum number of learners to trainer or learners to assessors at one time	Certificate Validity Validity period of certificate to be calculated from the date of achievement of the final visit	Annual Refresher recommended Indicated if annual refreshers are recommended for the qualification in the years between re-qualifying
First Aid at Work	18	3	10	2 hours	1:12	3 years	Yes
First Aid at Work Refresher	12	2	6	2 hours	1:12	3 years	Yes
Emergency First aid at Work	6	1	3	2 hours	1:12	3 years	Yes
Paediatric First Aid	12	2	6	2 hours	1:12	3 years	Yes
Emergency Paediatric First Aid	6	1	4	2 hours	1:12	3 years	Yes
Activity First Aid	12	2	6	2 hours	1:12	3 years	Yes
CPR and AED	6	1	3	2 hours	1:12	1 year	N/A

Based on guidance from the First aid Organisation Forum, September 2013